

## Health & Medical English

**Who works in a clinic诊所 or hospital医院?** ·receptionists 接待 ·pharmacists 药剂师 ·nurses 护士 ·nurse's assistants 护工 ·doctors 医生

Who do we meet first? Who takes us to the examination room? Who gives us the check-up 身体检查? Who prescribes medicine? 来开药方? Who fills the prescription 配药方 and gives you the medicine? Who does surgery 手术?

**Appointment or Emergency?** If you are not very sick or in terrible pain, you will probably make an appointment 预约 to see a doctor in the near future. Sometimes, we can't wait, so we have to go to an urgent care center 急救中心 or the emergency room 急救室 of a hospital.

**Illnesses:** ·be born with/without **Sth.** 先天性疾病/天生残疾 ·cancer 癌症 ·cold 感冒 ·contagious 传染性的 ·disease 疾病 ·fever 发烧 ·the flu/influenza 流行性感 冒 ·infection 传染病 ·virus 病毒

**Pain:** “Where does it hurt?” 在哪里疼? My (**body part** 身体部位) is sore 痛. My (**body part** 身体部位) hurts 疼痛. I have a pain in my (**body part** 身体部位). I have a (**body part** 身体部位)-ache (疼痛的后缀). Comfort somebody. 安慰 Ow!/Ouch!/Oweeeee! 哎哟! “Tell me if this hurts.” 如果感觉疼的话告诉我。 “Brace yourself.” 接下来会很疼。 “This is going to hurt (a little).” 接下来会有点疼。 “I can give you some medicine for the pain.” 我会给你开点药来缓解你的疼痛。

**Broken Bones 骨折:** “I think I broke my \_\_\_\_\_.” 我觉得我的(身体部分)断了 “How did you break it?” 你是怎么弄断的? “I was **V.-ing** (动词加“ing”)” 我是因为.....弄断的。

“Let's get you fit for a cast/splint.” 我们会根据你受伤的程度用石膏/夹板来帮你固定。 “How long will it take to heal?” 要花多久才能治好我的骨折? “How long until I'm back to 100%?” 要花多久我才能完全恢复?

**The Check Up 检查:** “How are you feeling today?” “How do you feel today?” 你今天身体怎么样? “Please roll up your sleeve.” 请卷起袖子 “Please take off your \_\_\_\_\_.” 请脱掉你的..... “Just relax.” 放松 “You can put your \_\_\_\_\_ back on.” 你可以把你的.....穿上了。 “Be sure to get plenty of rest.” 请保证足够的休息 ·blood pressure 血压 ·check **Sth.** 检查(血压、血糖、牙齿.....)

“Is it serious?” 很严重吗? “Is there any hope?” 有没有希望? “What can I do about it?” 我能为此做些什么?

**Medicine 药:** ·band-aid 创可贴 ·capsule 胶囊 ·external medicine 外用药 ·herbal medicine 草药 ·oral medication 口服药 ·painkillers 止痛药 ·Traditional Chinese Medicine 中药 ·a treatment/therapy 治疗 ·Western Medicine 西药

**Good Habits 好习惯:** ·brush teeth twice a day 一天刷两次牙 ·drink plenty of water 喝足够的水 ·eat healthy 吃得健康 ·exercise regularly 勤锻炼 ·get enough sleep 睡眠充足 ·listen to the doctors 遵医嘱 ·wash hands regularly 勤洗手

**Other Vocabulary** ·cure **Sth./Sb.** 治好 ·dentist 牙医 ·health insurance 医疗保险 ·healthy 健康的 ·malpractice 误诊 ·medical bill ·patient 病人 ·prevention 预防 “An ounce of prevention is worth a pound of cure.” 一分预防胜过十分治疗 ·throw up 呕吐 ·waiting room 候诊室